



TTS COMMUNICATION SESSIONS REPORT

OCTOBER 2020-AUGUST 2021

● ● ● **READING IS LEADING** ● ● ●



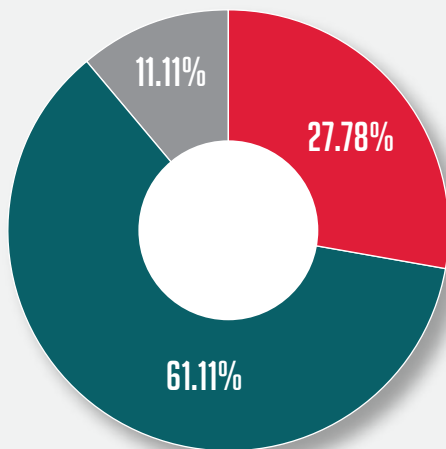
SESSION GOALS:

- Students will understand the holistic benefits of reading on their mind, health, and future
- Students attitudes towards reading will positively shift to experience the core benefits of reading
- Students will be encouraged to make a commitment to reading at least 20 minutes per day

SUMMARY:

Students were astonished by the statistics on the academic and lifelong benefits of reading. Their astonishment opened up dialogue on the reasons why teens don't like reading. Comments from students included common excuses such as not having enough time, boring books, preoccupied with entertainment and social media. We collaboratively built solutions to each of the common excuses and set practical goals to start the year off as daily readers to become future leaders.

AFTER THE COLLEGE AND CAREER RED PRESENTATION "READING IS LEADING" MY ATTITUDE TOWARDS READING IS



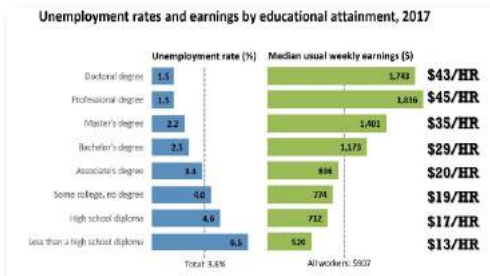
- MUCH MORE POSITIVE
- MORE POSITIVE
- THE SAME

88.89%
Growth

● ● ● **LEARNING IS EARNING** ● ● ●

SESSION GOALS:

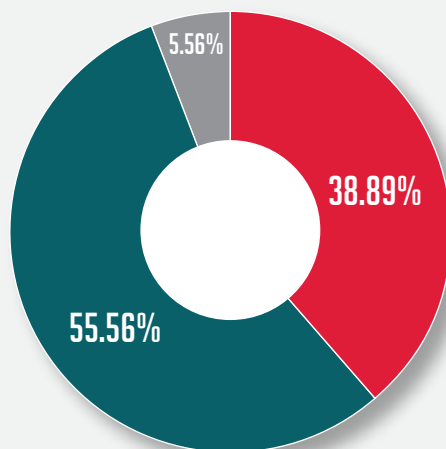
- Students will discover the role educational attainment plays in their earning potential
- Students attitudes towards degree or certification attainment will positively shift
- Students will explore job pay scales and the education required on employment websites such as indeed and payscale.com



SUMMARY:

Students were enlightened on the pay scale amounts according to educational attainment levels. This information motivated students to increase their academic achievement by seeing the necessary role education plays in attaining their college, career, and life dreams.

AFTER THE COLLEGE AND CAREER RED PRESENTATION "TRANSFORM LEARNING INTO EARNING" MY UNDERSTANDING OF HOW EDUCATION CAN INCREASE A PERSON'S PAY IS



- MUCH GREATER
- GREATER
- THE SAME

**94.45%
Growth**

● ● ● MY DREAMS VS SOCIAL MEDIA ● ● ●



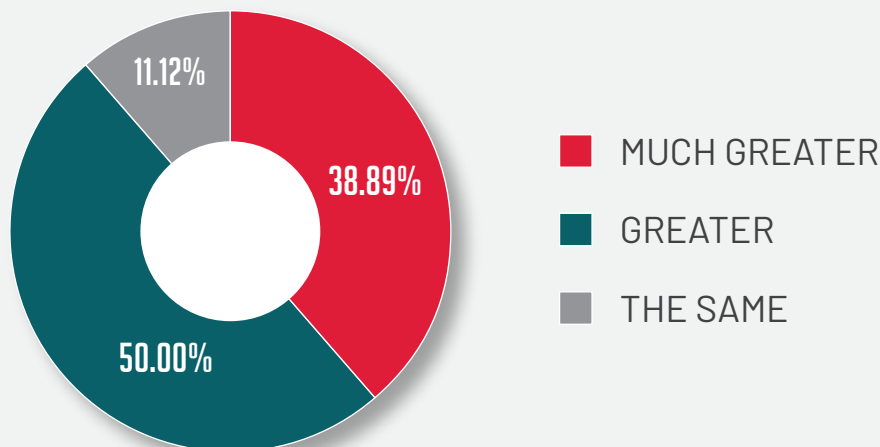
SESSION GOALS:

- Students will realize the amount of time they spend on social media
- Students will analyze the time spent on their goals compared to the time they spend on social media
- Students will write down their analysis and evaluate if the time spent consuming social media was worth it

SUMMARY:

Students examined the pros and cons of their personal social media usage. Students spoke about the educational benefits of learning on social media such as YouTube while juxtaposing the countless hours spent stumbling upon entertaining videos that didn't benefit their life goals. Students concluded by accepting the challenge to examine their social media usage more closely by tracking their hours using their phone apps and reflecting on the value of their time spent.

AFTER THE COLLEGE AND CAREER RED PRESENTATION "MY DREAMS VS SOCIAL MEDIA," MY UNDERSTANDING OF THE PROS AND CONS OF SOCIAL MEDIA USE IS



88.89%
Growth

● ● ● EMBRACING DIVERSE SOCIAL CIRCLES ● ● ●



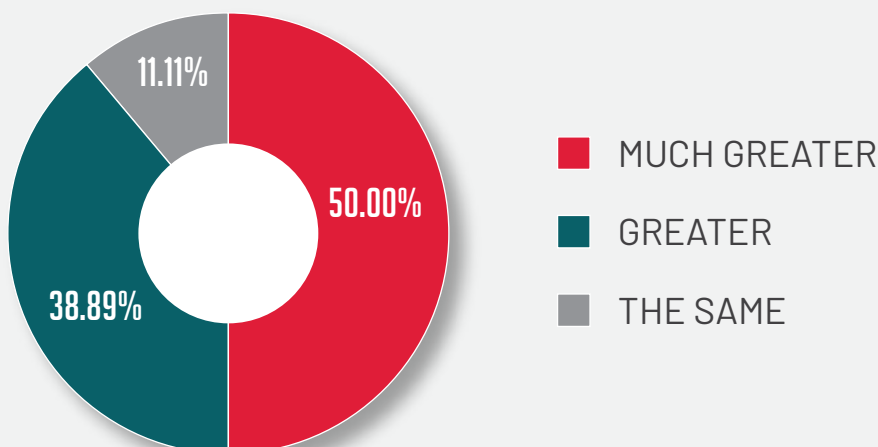
SESSION GOALS:

- Students will learn how to positively express opinions on sensitive topics amongst peers
- Students will examine their own implicit and explicit biases
- Students will learn how to look at all sides of an argument and understand why others have unique perspectives

SUMMARY:

At the peak of political turmoil and marches for justice, we invited students to inspect their attitudes, beliefs, opinions, and reactions to what they saw on the news. Students were given a safe place to express themselves while learning that we all have hidden biases that have been shaped by factors such as family, media, friends, economic status. Students were equipped with skills on how to embrace others who don't share the same attitudes, beliefs, and opinions to understand that we all deserve equality no matter our skin color or economic status.

AFTER THE COLLEGE AND CAREER RED PRESENTATION "EMBRACING CULTURAL DIVERSITY," MY UNDERSTANDING OF HIDDEN BIASES AND THE BENEFITS OF EMBRACING CULTURAL DIVERSITY IS



88.89%
Growth

● ● ● STANDING UP TO STANDARDIZED STRESS ● ● ●



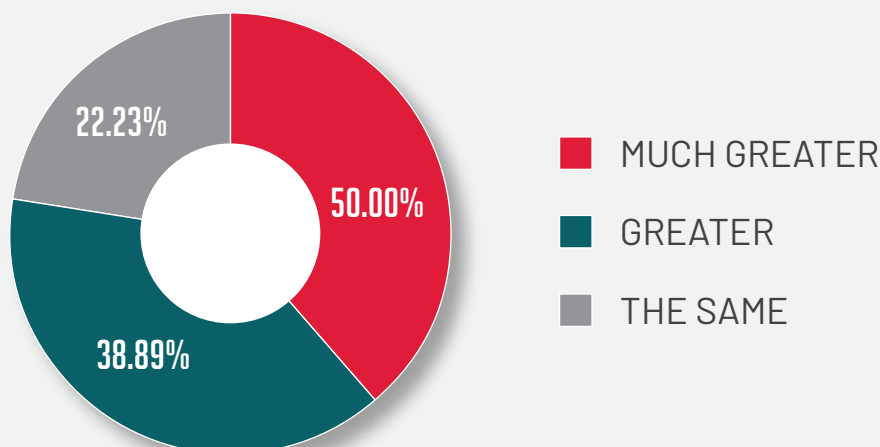
SESSION GOALS:

- Student will learn the effects of stress on their test taking performance
- Students will learn key strategies to improve their performance before and during test taking

SUMMARY:

Students opened up the conversation expressing their feelings on the upcoming FSA state exams. Students discussed the pressures coming from different directions as in school, peers, parents, and self. Facilitators provided students with solutions to deflate the social pressures to be perfect and learn what it looks like to do their best on the test. Students learned how early preparation is one of the most effective solutions to eliminating stress. Students walked away with quick tips on overcoming mental and emotional hurdles to get a passing score.

AFTER THE COLLEGE AND CAREER RED PRESENTATION "STANDING UP TO STANDARDIZED STRESS" MY BELIEF IN MY ABILITY TO REDUCE TEST ANXIETY IS



88.89%
Growth

CCR PROGRAM EVENTS AND COMMUNITY OUTREACH

VIRTUAL COLLEGE TOUR



PARTICIPANTS:
72



COLLEGES WHO PRESENTED:
8

Tipping The Scale and Boys and Girls Club students participated in a two day Spring Break Virtual College Tour Hosted by College and Career R-E-D

Students were educated on career paths and academic programs offered at each college. Students walked away understanding admissions criteria, cost of attendance, and grants/scholarship opportunities.





MERIT SCHOLARSHIPS

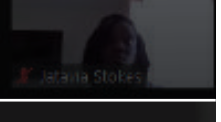
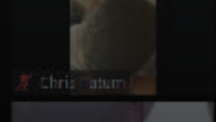
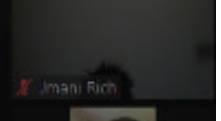
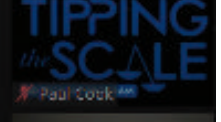
Transfers:

- For Florida community and state college AA students only
- Applications available in January/February
- Must enroll at UCF beginning in fall

More info at admissions.ucf.edu/cost

Other Awards:

- Florida Bright Futures, Department/College Awards, A2O



FLORIDA STATE UNIVERSITY

2 CREATE THE SSAR

Create your Self-reported Student Academic Record (SSAR)

To learn more about the SSAR view our FAQ and watch our how-to videos at admissions.fsu.edu/first-year/ssar/.

FIRST GENERATION

Tarrell Williams - FSU

Recording...

ADMISSION REQUIREMENTS

MINIMUM GPA 3.0 Weighted Core	ACADEMIC UNITS 18 English (4), Mathematics (4), Natural Sciences (3), Social Sciences (3), Foreign Language (2), Additional Academic Core Units (2)	TEST SCORES SAT 500 Math: 26 Reading: 27 Language: 27 OR ACT Math: 22 Reading: 22 English: 19	ESSAY 2 Words	LETTERS 2 Recommendations	HIGH SCHOOLS TRANSCRIPT'S ELECTRONIC SUBMISSION OR Self-Reported (SSAR)
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WWW.FAMU.EDU

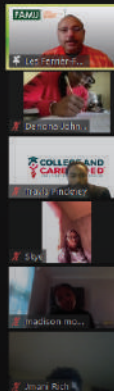
\$35 APPLICATION FEE OR FEE WAIVERS	May 1st Fall Deadline	Nov 1st Spring Deadline	March 1st Summer Deadline
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Why Choose FSCJ

College Choice

Spring College Tour

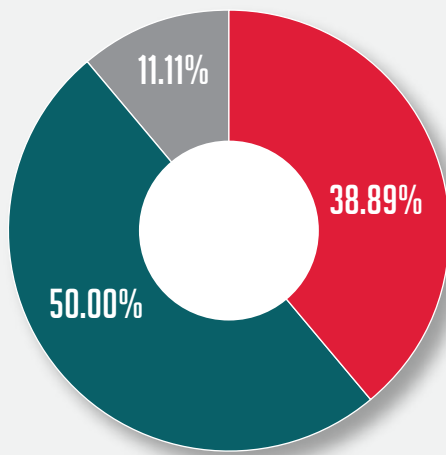
Marshun Middleton | FSCJ Recruitment



● ● ● **COLLEGE TOUR** ● ● ●

VIRTUAL COLLEGE TOUR:

After the college tour, college spotlights, and career spotlights within the presentations, my attitude towards going to college and career attainment is



- MUCH MORE POSITIVE
- MORE POSITIVE
- THE SAME

88.89%
Growth



MENTAL HEALTH SESSIONS



SUMMARY:

TTS students took a mental health break to discuss mental health success strategies.
Communication sessions resumed in June.



Mental Health Break



THE OFF SEASON



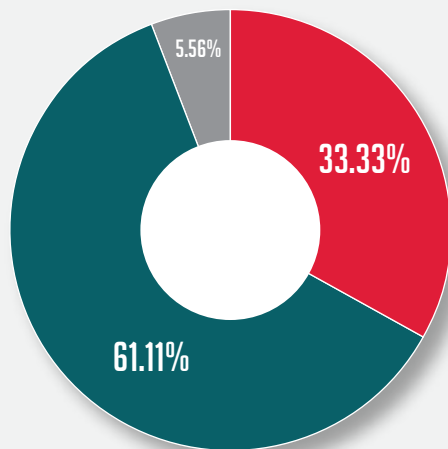
SESSION GOALS:

- Student will understand the power of rest towards their productivity
- Students will explore the various ways their peers and professionals rest from their work
- Students commit to making time in their personal weekly schedule to rest and rejuvenate themselves to achieve school, life, and work balance

SUMMARY:

Students were inspired by the Simone Biles story as an Olympic champion who chooses to spend time with family, go on vacations, and have personal reflection time during her off-season. Students learned that, ironically, rest and relaxation boost the energy needed to work effectively at any goal they are trying to accomplish. Students walked away with school, work, and life balance strategies to use over the summer and throughout the year.

AFTER THE COLLEGE AND CAREER RED PRESENTATION "THE OFF SEASON," MY UNDERSTANDING OF THE IMPORTANCE OF REST AND SELF-CARE IS



- MUCH GREATER
- GREATER
- THE SAME

94.44%
Growth

● ● ● THE RAMP UP ● ● ●



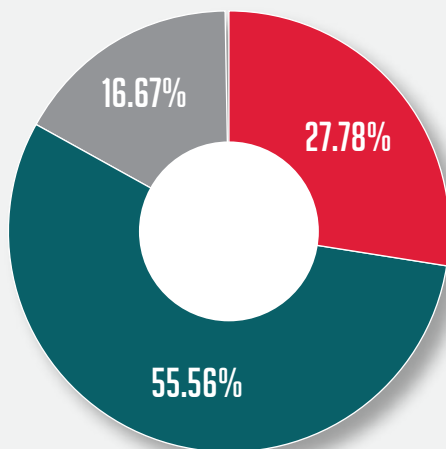
SESSION GOALS:

- Student will develop a pre-planning strategy for entering into the new school year
- Students will become aware of the various ways they can get ahead academically before school starts per grade level
- Students will be provided with online resources that support their academic and collegiate goals

SUMMARY:

Students learned how to hit the ground running before the school bell rings on the first day of school. Each grade level was provided with tips to get ahead prior to entering into their new grade level. Students were exposed to milestones such as ACT and SAT exams, applying for National Honor Society and Bright Futures Scholarships.

AFTER THE COLLEGE AND CAREER RED PRESENTATION "THE RAMP UP" MY UNDERSTANDING OF THE IMPORTANCE OF HOW TO SPEND MY SUMMER IN PREPARATION FOR THE SCHOOL YEAR IS



- MUCH GREATER
- GREATER
- THE SAME

83.33%
Growth

● ● ● **KEEP YOUR EYES ON THE ROAD** ● ● ●



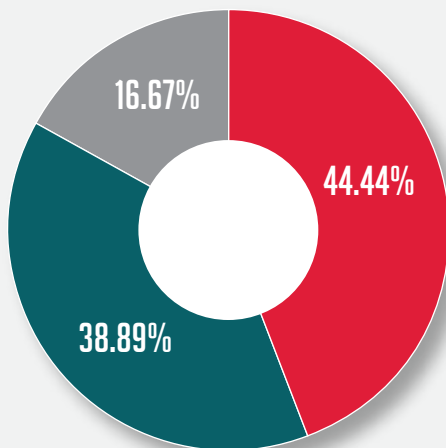
SESSION GOALS:

- New and returning students will get to know each other by learning how to concisely communicate their life vision for career and family in written and verbal form to their peers and adults.
- New and returning students commit to keeping their life dreams at the forefront of their educational path to overcome distractions this school year

SUMMARY:

New and returning students developed a life dreams statement that included family, college, career, community success goals. Students developed a stronger sense of purpose and belonging with their peers as they noticed that peers from different backgrounds shared some of the same goals in life.

AFTER THE COLLEGE AND CAREER RED PRESENTATION "YOUR ROAD, YOUR CODE" MY UNDERSTANDING OF THE IMPORTANCE OF HAVING A WRITTEN LIFE PLAN AND SETTING GOALS IS



- MUCH GREATER
- GREATER
- THE SAME

**83.33%
Growth**

● ● ● WHY IS COLLEGE AND CAREER R-E-D NEEDED? ● ● ●



To help students prepare for college and learn new things

Janiyah



For me personally I need more help with college info and my future opportunities and I think this helps.

Bethany



Because they teach the many of us about good skills that could help us throughout our whole lives

Triston



To help us better plan for our futures because at my school the guidance counselors aren't helpful at all.

Andrea



Gives us a lot of advice on life skills

Kaitlynn



Helps prepare students for college

ArMarion



They have opened up our minds about after high school life and what can be done.

Kysha



Because they help students

Naomi



Because they are an excellent source of information on colleges and stuff dealing with college

Alexandria



The College and Career RED sessions provide us with valuable information about succeeding in life and school that most of us wouldn't be able to get elsewhere.

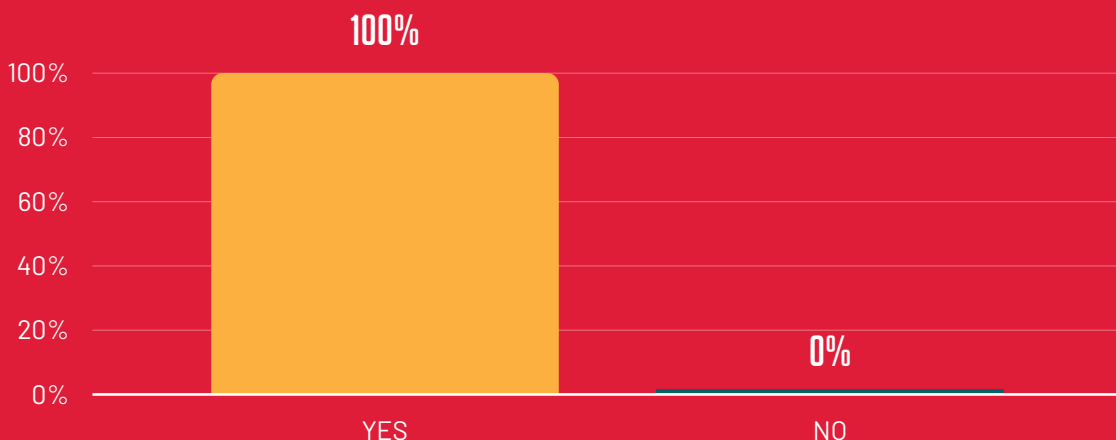
Imani



College and Career RED sessions has really taught me a lot since being in Tipping The Scale. It has show me different paths I want to take in my future. it has also helped me and my peers feel more motivated when it comes to colleges and our careers.

A'Nyah

COLLEGE RED HAS MADE A POSITIVE IMPACT ON MY LIFE AND I WOULD LIKE FOR THEM TO CONTINUE TO PROVIDE THEIR PROGRAMMING THIS SCHOOL YEAR.





COLLEGE AND
CAREER R-E-DTM
READY - EMPOWERED - DETERMINED



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